

All - General resources, domestic/intimate partner violence, human trafficking

2-1-1 Los Angeles County

2-1-1 LA County can conduct a free developmental screening over the phone to see how your child is learning, behaving or growing for his or her age.

Phone 2-1-1

Website www.211la.org

Hours Calling 2-1-1 LA is FREE and available 24 Hours a day, 7 days a week.

Lesson 1:

- [FamilyPact](#): Clinics, birth control, STIs
- [MyHealthMyInfo](#): Keeps medical information confidential
- [Teensource.org](#): Clinics, birth control, STIs, relationships
- Additional resource: [PocketGuide LA](#): Clinics, hotlines
- Additional resource: [Hotlines and Online Resources](#)

Lesson 8

- [Cool not Cool: Relationship quiz game](#)
- [Love is Respect](#): peer advocates for relationships that you can talk to anytime, 24/7. Call 1-866-331-9474 or Text "loveis" to 77054 (standard text rates apply)
- [Kids Helpline](#): Confidential 24/7 online and phone counselling service for young people aged 5 to 25. Based out of Australia. Resources and articles for a variety of topics available on the website.
- National Domestic Violence Hotline at 1-800-799-SAFE (7233)
- National Human Trafficking Hotline at 1-888-373-7888 for a confidential call or text "HELP" or "INFO" to 233733 for confidential help.
- Rape, Abuse, Incest National Network (RAINN): 800.656.HOPE (4673)

Bodies, Birth Control, and STIs:

- <https://kidshealth.org/en/teens/sexual-health>
- <https://www.plannedparenthood.org/learn/teens/puberty>
- <https://amaze.org/>
- <https://www.cdc.gov/hiv/basics/index.html>

Gender and Sexual Identities:

- <https://www.lgbtcenters.org/LGBTcenters>
- <https://www.thetrevorproject.org/>
- <https://genderspectrum.org/audiences/youth>
- <http://sendtherightmessage.ca/>
- [What it's like to be intersex](#)
- [Trans teens talk about what it's like to be trans](#)
- [The meaning of Mahu](#)

- [Gend o meter](#)

Pregnancy and Parenting:

- <http://www.teenhealthrights.org/>
- <https://www.all-options.org/>

Mental Health Support:

- <http://walkinourshoes.org/>
- <https://suicidepreventionlifeline.org/chat/>
- **California Youth Crisis Line at 1-800-843-5200**
- **The Suicide Hotline at 1-877-727-4747**